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| Mediation of outpatient support options close to home

| home visits

| Day-structuring offers for people with mental health conditions

| Training of social skills

| Coordination of psychosocial support in the city districts

| encounter groups

| groups of relatives

| peer Support

| Psychosocial consultation hours in priority areas of the city of Leipzig:

<https://www.sanktgeorg.de/patienten-besucher/verbund-gemeindenaehe-psychiatrie/psychosoziale-sprechstunde.html>



You are welcome to contact us by email in your native language, and we will translate the content and reply to you promptly.

Social psychiatric service of the city of Leipzig

Monday – Friday

from 08:00 – 19:00 available

☎ **0341 9999000-1**

✉ **vgp-spdi@sanktgeorg.de**

Locations of the Community-based mental health services

Head of Medicine Dr. Dyrk Zedlick, M.D.

I. Location Old-West/South-West

Head: Dr. Silvia Ruffert, M.D.

Demmeringstr. 49 | 04177 Leipzig

☎ 0341 444222-0 | 📠 0341 444222-3

✉ vgp-west@sanktgeorg.de

II. Location West (Grünau)

Head: Dipl.-Med. Elke Sack, M.D.

Karlsruher Str. 54 | 04209 Leipzig

☎ 0341 415389-0 | 📠 0341 415389-50

✉ vgp-gruenau@sanktgeorg.de

III. Location central/north/northwest

Head: Dipl.-Med. Ute Kanitz, M.D.

Eitingonstr. 12 | 04105 Leipzig

☎ 0341 355 344-00 | 📠 0341 355 344-51

✉ vgp-mitte@sanktgeorg.de

IV. Location Northeast/east

Head: Dr. Stefan Topf, M.D.

Kieler Str. 65 | 04357 Leipzig

☎ 0341 231893-0 | 📠 0341 231893-22

✉ vgp-nordost@sanktgeorg.de

V. Location south/southeast/east

Head: Dr. Karin-Alice Ludewig, M.D.

Holzhäuser Str. 74 | 04299 Leipzig

☎ 0341 869206-0 | 📠 0341 869206-50

✉ vgp-suedost@sanktgeorg.de

VI. Mobiles Kontakt- und Beratungsteam (all over the city)

Exclusively social psychiatric service

Head: Dr. Francesca Russo, M.D.

Nikolai- Rumjanzew- Str. 100 | 04209 Leipzig

✉ vgp-mobilesteam@sanktgeorg.de

Community-based mental health services

Verbund Gemeindenaehe Psychiatrie



Association of community-based Psychiatry

The community-based mental health services are outpatient treatment and counseling centers for people with mental health conditions or psychosocial problems in adulthood from the age of 18. We also treat and/or counsel people who do not have health insurance (for example, if they receive health services according to the treatment voucher system, so-called „Behandlungsschein“).

The community-based mental health services offer:
1. multi-professional treatment of people with mental health conditions on a voluntary basis in the psychiatric outpatient departments and 2. advice, support and coordination of assistance for people with mental health conditions and their relatives by the social psychiatric services.

For people who do not speak German, an interpreter can be ordered (free of charge). The interpreters are bound by professional secrecy.

You are welcome to contact us by email in your native language. We will translate the content and reply to you promptly.

Psychiatric outpatient clinic

At 5 locations in Leipzig, people with mental health conditions or in a crisis situation are treated and cared for on an outpatient basis by a treatment team consisting of specialists in psychiatry/psychotherapy, psychologists, social workers, occupational and physical therapists as well as nurses and peer supporters.

Range of services of the Psychiatric Outpatient Department:

- | Diagnosis and therapy of mental health conditions, for example: Depression, manias, psychoses, bipolar and schizoaffective disorders, post-traumatic stress disorders, sleep disorders in the context of other mental illnesses
- | Consultation and organization of other help in case of addiction (to alcohol, cannabis, drugs)
- | Psychotherapeutic talks in the context of short crisis interventions (no long-term psychotherapy!)
- | Psychoeducation
- | Occupational therapy for people with mental health conditions
 - | art therapy
 - | Working with various materials
 - | Brain performance training

Home visits can be arranged for people with special needs.

Social psychiatric service*

The social psychiatric service is responsible for the organization of support for people with mental health conditions and their relatives and is available Monday to Friday from 08:00 to 19:00. The social psychiatric service is responsible for counseling, possibly therapy and coordination of assistance.

Contacts are by telephone ☎ 0341 9999000-1, by email ✉ vgp-spdi@sanktgeorg.de, or in person at the locations (depending on where the person lives). Home visits are possible.

In addition, a specialized team ("mobiles Kontakt- und Beratungsteam") offers outreach assistance to people experiencing homelessness as well as hard-to-reach people. The offer of the social psychiatric service is free of charge for all and can also be made anonymously if desired.

Range of services provided by the social psychiatric service:

- | Psychosocial care for migrants with mental health conditions and/or psychological stress (also in the communal accommodations, if necessary)
- | Counseling for people with psychosocial problems, their relatives, neighbors and caregivers
- | Psychosocial counseling
- | Assistance with official matters, coping with everyday problems >>>